

September 21, 2021

Hello OSSC Players,

Many of you have already started your indoor Fall sport league! We have a few reminders to share with you as we navigate the next chapter surrounding Indoor Sports.

1) Proof of Vaccination: By order of the Provincial Health Officer (PHO), proof of vaccination will be required by all to access indoor public and private sport facilities. Starting Wednesday, September 22, you must be fully vaccination (2 doses + 14 days) to enter your sport facilities.

- OSSC participants must show a government issued photo ID along with your proof of vaccination (printed or digital copy). **You will not be allowed to enter the facility if you fail to show both of these documents.**
- Quebec Residents must also use government issued photo ID with their vaccination receipt (printed or digital copy). The official Government of Quebec app, VaxiCode, will not be scanned or accepted.
- Individuals who cannot receive the vaccine due to medical exemptions will be permitted entry with a doctor's note and government issued photo ID until recognized medical exemptions can be integrated as part of a digital vaccine certificate.
- It is unclear when the Government of Ontario will rollout an app, but in the mean time, you are required to do this process every week.

2) Continuing Mask Mandate: All players must wear a mask during your arrival/departure from the facility, and when not playing (including sidelines and player bench). You are not required to wear a mask while playing your sport, however, you may wear one if you wish. Immediately after completing your game, players must place their mask back on.

3) Please be Patient: This is a new process for all players, OSSC Game Coordinators and Facility Partners. Please help everyone by having all documents ready when you approach the door to ensure a quick and smooth entry.

Thank you and have fun!

- The OSSC Team

September 5, 2021

COVID-19 Proof of Vaccination Update: By the order of the Provincial Health Officer (PHO), as of September 22, 2021, Ontarians will need to be fully vaccinated (two doses plus 14 days) and provide their proof of vaccination along with photo ID to access indoor recreation facilities.

- Individuals who cannot receive the vaccine due to medical exemptions will be permitted entry with a doctor's note until recognized medical exemptions can be integrated as part of a digital vaccine certificate.
- Players who do not meet these conditions should register for SSC activities at their own discretion. Refunds and credits will not be provided to teams and/or players who are not eligible to participate due to these regulations.
- Captains are reminded to share this information.

Please DO NOT email in your vaccine receipt to our office. Each player is responsible for bringing their vaccine receipt or medical exemption note (paper or PDF) and a piece of i.d UPON ENTRY of any indoor recreation facility.

Thank you for understanding and cooperation.

The OSSC Team

September 3, 2021

Hello OSSC Community,

On September 1st 2021, the Province announced its plan to implement vaccine passports and a verification app to stop the spread of COVID-19. As of September 22, 2021, Ontarians will need to be fully vaccinated (two doses plus 14 days) and provide their proof of vaccination along with photo ID to access certain public settings and facilities. This approach focuses on higher-risk indoor public settings where face coverings cannot always be worn and includes indoor sports facilities.

You may be wondering what this means for your current or upcoming sport leagues. Please be patient with us as we are gathering more information surrounding the implications of our leagues. However, we ask that you please review the [Provincial website for more details](#). In the meantime, OSSC will be gathering more information from facility partners on how this will be rolled out and monitored. More information will be provided in the next week.

Thank you,

OSSC Team

June 30, 2021

Hello OSSC Summer Participants!

Last week "Step 2" was officially confirmed, and we have been given the green light to start leagues NEXT WEEK (July 5th)!

Now that we have hit Step 2 of the Provincial Reopening Plan, we have updated our COVID-19 protocol and guidelines:

- **Team Rosters Maximum**
 - Gathering Limits: Each team's "game-day" roster size must not exceed the amount shown below by sport. Teams are permitted to carry more players on their online rosters, however, **cannot exceed the "game day roster limits" (outlined below) physically at each game.**
 - Team roster "game day" maximum by sport:
 - Softball = 12 Players
 - Soccer = 12 Players
 - Flag Football = 12 Players
 - Ultimate = 12 Players
 - All-Sorts-of-Sports = 12 Players
 - Beach Volleyball 6's = 8 Players
 - Beach Volleyball 4's = 5 Players
- **Substitute Players**
 - Substitute players are permitted.

- All players on your team (including substitute players) are required to sign the waiver and must show on your team's roster online.
 - **Spectators**
 - Spectators are now permitted at public fields and diamonds. However, spectators must remain away from the field of play and must maintain 3m distance between other spectators.
 - Spectators are not permitted at the Rideau Sports Centre and Ottawa Tennis & Lawn Bowling Club due to the size of the enclosed area.
 - **All other COVID-19 Protocol & Guidelines remain in place - Visit our [COVID-19 portal for more details](#).**
- We can't wait to see you on the field/diamond/court soon!

- The OSSC Team

June 24, 2021

Hello OSSC Community,

Start warming up! The Provincial Government has announced that Ontario will move into Step 2 as of June 30, 2021. What does that mean?

- Outdoor sport leagues ARE starting the week of July 5th.
- While registration deadline has passed, there limited spots available in select leagues.
- Indoor Team Sports is cancelled for the summer season but we will be back this Fall!
- As always, we will continue to follow our [registration assurance policy](#), to provide participants with full registration value.

Thank you everyone for your continued support through these evolving times. We are excited to see you all out there.

- The OSSC Staff Team

June 9, 2021

Hello OSSC Community,

Get ready to play! We are anticipating to start Outdoor Sport Leagues the week of July 5th, 2021. What does that mean?

- New dates have been posted to each sport page. Be sure to check out your favourite sport to see when it is starting.
- Registration deadline for Outdoor Sport Leagues is Wednesday, June 23rd @ midnight!
- Indoor Team Sports falls under Step 3 of Ontario's re-open plan. We don't have an exact date of when that will be but once we know more from the Province, we will provide another update.
- As always, we will continue to follow our [registration assurance policy](#), to provide participants with full registration value.

Thank you everyone for your continued support through these evolving times. We are determined, and can't wait to start our summer leagues.

We look forward to hosting you all,

- The OSSC Staff Team

May 14, 2021

Hello OSSC Community,

Here we go again (hopefully for the last time)!

As a result of the stay-at-home order that has officially been extended to June 2, we have adjusted the following for our upcoming Sprummer (Spring/Summer) 2021 programming:

- We have temporarily removed the registration deadline until we are able to confirm exact league start and end dates. Once we know when we can begin, a new registration deadline will be announced.
- Registration online continues to remain open. We have limited team/individual spots available this season and leagues will be marked 'Sold-Out' as specific nights and skill levels fill up.
- We are hopeful to start the season as soon as the restrictions are lifted. Depending on when leagues can begin, it is likely that leagues will run into September/October.
- We will continue to follow our registration assurance policy, to provide participants with full registration value.

Just like you, we are excited to get back to playing the sports we love! We are optimistic that we will be returning to sport after the lockdown, and we will be ready to go as soon as the restrictions are lifted!

Thank you everyone for your continued encouragement and support through these evolving times. We are determined, optimistic and ready for a safe return to Summer sports!

Take care and stay well,

- The OSSC Staff Team

April 19, 2021

Hello OSSC Community,

We hope you are all doing well and keeping safe!

As a result of the Ontario stay-at-home order that was extended until May 20th, we have adjusted the following: for our upcoming Sprummer (Spring/Summer) 2021 programming:

- Registration deadline for most sports for the Sprummer (Spring/Summer) season has been shifted to Wednesday, May 19th @ midnight!
- Most in-person leagues and programs are set to begin the week of Sunday, May 30th. Dates vary by sport.
- Specific league/program start and end dates have been updated on our website. Please check to see how your league/program has been affected.

Just like you, we are excited to get back to playing the sports we love! We are optimistic that we will be returning to sport after the Ontario lockdown and we will be ready to go as soon as the restrictions are lifted!

Thank you everyone for your continued encouragement and support through these evolving times. We are determined, optimistic and ready for a safe return to Summer sports!

Take care and stay well,

- The OSSC Team

April 1, 2021

While today's news does not change a lot for us here in Ottawa, we wanted to acknowledge that the Ontario provincial government has announced it will pull an "emergency brake". This means that team sports will continue to remain on pause for 28 days.

What you need to know:

- Leagues & Programs – All team sports remain on pause for the duration of the 4-week lockdown.
 - *If restrictions are lifted early, we will be ready to play!*
- We remain optimistic that Summer sport leagues and the opportunity to play outdoors will kick off as planned. As soon as restrictions are lifted, we will be ready to go!
- For all current updates and statements from OSSC please visit our [COVID-19 Communication Centre](#).

We will continue to keep you updated and we look forward to having you back again soon!

A huge thank you to all our members for your patience and understanding as we continue to navigate these unprecedented times.

Yours in Sport,

The OSSC Team

March 18, 2021

Dear OSSC Community,

As you may already know, the provincial government has announced new restrictions including the stoppages of all team sports (games and scrimmages) effective tonight at midnight.

As a result, effective Friday March 19, 2021 we will be pausing all indoor Ottawa Sport & Social Club programming until further notice.

We are committed to be back up and running as soon as we can. Your health and safety are always our number one priority and we are committed to continuing to offer a safe and healthy environment.

***All games this evening, Thursday March 18, 2021 will run as scheduled. ***

What you need to know:

- Indoor Leagues & Programs - Games are on PAUSE as of Friday, March 19. Games taking place on Thursday, March 18th will continue as scheduled.
- Outdoor programs such as Hiking, Snowshoeing and Fitness Walking will continue as scheduled as they are permitted within "Red Zone" guidelines.
- Should our Winter 2021 leagues and programs be cut short as a result of further restrictions, we will be issuing pro-rated future credits to all affected individuals and/or team captains.
- For all current updates and statements from OSSC please visit: <https://ossc.ca/covid-19-sport-leagues>

We will continue to keep you updated and we look forward to having you back again soon! We would also like to thank you all for your patience, understanding as we continue to navigate these unprecedented times

Yours in Sport,

The OSSC Team

February 12, 2021

Hello OSSC Community,

The Province of Ontario has announced that Ottawa is returning to the "Orange" zone, which includes the safe return to play of team sports!

We are committed to lead by example as per the health and safety guidelines provided by the Public Health Agency of Canada, our provincial government and safety experts. Therefore, we have made modifications to all leagues to ensure we focus on the FUN and SOCIAL aspect and SAFETY more than ever.

To ensure player and staff safety, we have implemented mandatory '[Safe Return to Play Protocol & Guidelines](#)' for all Club Activities. In order to play with the Ottawa Sport & Social Club and stay in good standing, the following guidelines MUST be followed. A zero-tolerance policy is in place for those who challenge these decisions.

Registration deadline for indoor leagues and session 1 programs is Thursday, February 18 @ midnight! [Click here to register](#).

[Virtual Games, Classes and Wellness Programs](#) continue as scheduled.

We want to thank everyone for your ongoing support through these difficult times and appreciate your patience and cooperation.

Yours in Sport,

The OSSC Team

February 9, 2021

Hello OSSC Community,

After yesterday's update from the provincial government, we are hopeful that our partner facilities may reopen safely & with all necessary protocols in place as soon as Tuesday Feb 16. We anxiously await further guidance & will make an announcement as soon as we have more information.

Registration for our Winter 2021 programs remains open. Virtual Games, Classes and Wellness Programs continue as scheduled.

Yours in Sport,

The OSSC Team

January 13, 2021

Hello OSSC Community,

As per the stay-at-home order that was announced on Tuesday, January 12th by the government of Ontario, all SSC in-person programming is paused until further notice.

Due to the current circumstances, we are uncertain as to when the restrictions will be lifted and therefore, we are unable to provide an exact start date for our programs at this time. We are hopeful we can operate our leagues and classes in February, and we will provide further details as soon as possible.

Registration for our Winter 2021 programs remains open.

We want to thank everyone for your ongoing support through these difficult times and appreciate your patience and cooperation.

Yours in Sport,

The OSSC Team

November 4, 2020

Hello OSSC Community,

As per the announcement made on Tuesday, November 3rd by the government of Ontario, team sports are permitted to begin play effective Saturday, November 7th at 12:01am.

We are working as quickly as possible to provide reschedules where possible for the Fall season and specific communication will be sent out to each league over the next few days.

We want to thank everyone for your ongoing support through these difficult times and appreciate your patience and cooperation.

Yours in Sport,

The OSSC Team

October 13, 2020

Dear members of the OSSC community,

As you've heard, the provincial government has announced new restrictions including the closures of all gym facilities and team sports (games and scrimmages) for 28 days.

As a result, effective Saturday, October 10th we will be pausing all Ottawa Sport & Social Club programming until further notice.

We know this is disappointing news for our many members who value sport and fitness, and the opportunity to play with others. Our goal is always to provide you with an opportunity to participate in a safe, healthy environment. So our commitment to you is that we will restart our activities as soon as we are able to. And our team is hard at work on creating new programs that will allow you to stay connected and engaged in compliance with the guidelines. Stay tuned for more on that in the days ahead.

The Details:

- Programs / Leagues running status quo - Tuesday Beach Volleyball "How to" Skills, Drills & Play (Rec 6's) @ RSC. NO CLASS Tuesday, October 13.
- Registration for leagues scheduled to begin mid-Fall (Session II Drop In and Mid Season Leagues) have been put on hold temporarily until further notice.
- Should our Fall 2020 leagues, classes and programs be cut short as a result of measures taken within our communities to contain COVID-19, we will be issuing pro-rated future credits to all affected individuals and/or team captains. Due to the unprecedented and unforeseen global pandemic, OSSC is not in a position to provide refunds.

We would like to thank all OSSC members for your patience, understanding and continued encouragement during this extraordinary time. We will get through this together!

Take care and stay well,
The OSSC Staff Team.

October 9, 2020

Hello OSSC Community,

We are aware of the restrictions that have been announced by the Province of Ontario. We are in the process of determining what this means for the Ottawa Sport & Social Club leagues and partner facilities.

We will be in touch in the very near future and appreciate your patience.

Stay safe,

The OSSC Team

August 6, 2020

Hello OSSC Community,

A warm welcome to all our Sprummer league, semi-private instruction, and class participants. Thank you for choosing to play with us this season. Over the past month, we have been implementing our Safe Return to Play protocol and guidelines to bring you back to league play in the following sports:

- Beach Volleyball
- Ultimate
- All-Sorts-of-Sports
- Swimming
- Soccer
- Softball
- Warrior Workout
- Beach Badminton
- Tennis
- Stand-Up Paddle
- Drop-In Beach Volleyball
- and so much more!

Here at Ottawa Sport & Social Club (OSSC), we have been working within the Provincial Government mandates and Provincial Sport guidelines to adapt our sports and offer a safe playing experience. Our leagues are now running five nights a week at a limited capacity. While these leagues are now at capacity, we are looking forward to launching more sports soon.

Over the past few months, OSSC has also proudly brought our community a range of [virtual games](#) & [online corporate events](#). This unique new avenue of our business will continue even as we move forward with our traditional sports leagues. We invite you to join us for “Virtual Recess for Adults”!

FALL 2020 LEAGUE UPDATE:

This fall, we are committed to offering both indoor and outdoor co-ed sports leagues. The season length may be adjusted, and pricing will reflect weeks of play, available facilities, and modified roster sizes, as needed. Stay tuned for an official release of our fall registration offerings and deadlines.

Take care and stay well,
Lael, Rosa, Nicole, Matt, Ken, Lucas, Allie and Erin

July 14, 2020

Hi OSSC Community,

As you may know, Phase 3 has been unveiled in Ontario today, which includes the return to playing team sports with appropriate safe guidelines!

We are so excited to resume play, however we still need further clarification on the details announced today to ensure we are continuing to follow all provincial guidelines to keep player safety at the forefront!

Our goal is to announce our newly designed Sprummer Registration Launch mid week, and have League Play starting before the end of July. This will include information what sports we will be offering, new roster numbers, number of weeks of play and revised pricing.

Keep in mind that our Safe Return to Play Guidelines will continue to be in effect, as well as some modified rules regarding play to keep the focus on safety and fun.

Get your clicking finger ready - once we open there is a limited window to register! For those who still have registrations within our original Sprummer 2020 programming (which had been placed on pause) we will be transferring your registration to the newly designed Sprummer session by sport and night. We will send you specific details surrounding these changes and any registration fee changes owing to you.

As our team works very quickly to turn around our leagues ready for our mid week launch, please bear with us! We know you are excited and ready to play and will have a lot of questions! We'll be sending out a detailed communication in the next 2 - 3 days in anticipation of some of these questions.

Until then get hyped, dust off your sports equipment, start warming up because we are about to get back to PLAY! WOO HOO! :)

Yours in Sport,

The OSSC Team

June 8, 2020

Hello OSSC Community,

We hope that you have been enjoying the beautiful summer weather and the city's recently re-opened green spaces.

Just like you, we are excited to get back to playing the sports we love! We are optimistic about today's announcement from Premier Ford and the plan for Phase 2 of Re-Opening. As we begin a slow and gradual return to a new normal, we want to provide you with an update with the status of our Sprummer 2020 "Return to Play" League Update and Winter 2020 League Update.

SPRUMMER 2020 LEAGUE UPDATE:

We are currently looking at a tentative mid-July Sprummer season start. Each specific sport Return to Play date will be determined by the permissions from local government, health authorities and facility partners, with whom we're staying very closely connected.

Based on Return to Play dates, for each sport we will adjust our Sprummer season length and pricing to reflect weeks of play, available facilities, and modified roster sizes, as needed. Stay tuned for more information as it becomes available.

In the meantime, we have been working diligently on our plan for safely returning to play, so we are ready when the time comes. We will be implementing a new set of Safe Return to Play Guidelines, in general plus for each sport, to ensure the protection of all members and staff. These protocols will include, but are not limited to:

- Rule changes within each sport.
- Physical distancing at all times at game locations.
- Use of personal protective equipment and products.
- Equipment sanitation.

Good to know:

- We are reviewing and considering all leagues we offer to ensure safety standards can be met before, during and after league play.
- We are updating our waiver and refund policies to be fully transparent and ease any concerns should there be new COVID related cancellations in the future which would impact play.

What's Allowed Now in Phase 2:

As approved for play by local government & health authorities, the following programs will be open for registration as of Monday, June 15 (or sooner) and with an anticipated start date in the 2nd and 3rd week of June.

- Golf Rounds & Golf Lessons (Open for registration tomorrow – Tuesday, June 9).
- Outdoor Tennis Classes.
- Stand Up Paddle.
- Outdoor Warrior Workout (HIIT Classes).
- Semi-Private Training Sessions for Volleyball, Ultimate and Soccer.

More programs to come as regulations allow. There is a real possibility softball and beach volleyball will be among the first sports to be approved.

WINTER 2020 LEAGUE UPDATE:

Officially, the decision has been made to formally cancel the balance of the Winter 2020 season, due to the provincial restrictions disallowing our facilities to re-open.

For Teams and Individual Registrations this means,

- We will issue pro-rated credits equal to the number of missed Winter 2020 games and classes, to ensure you receive full value of your registration.
 - For full teams, this credit will be applied to the profile of the original registrant.
 - For individual registrants, this credit will be applied directly to your OSSC profile.
- NEW! We've created a new feature that allows OSSC players to easily track and use their Winter 2020 credit. Your credit will be added to your OSSC account **mid this week** and can be viewed in your Player Profile and is accessible for redemption through the Payment Page during check-out.
 - These credits expire on April 30, 2021 @ midnight.
 - Credits can be applied to any UNPAID registration for a league, class, tournament, or special event.
- Many of you have been opting to help out the league by donating your credit back to OSSC. To those who have done that already, a very big heartfelt thank you and no words can describe how it warmed our hearts to have the support of our community. If you would like to join many of your teammates in doing the same thing, please let us know by emailing info@osscc.ca. We thank you in advance and your actions will help OSSC moving forward and to continue to provide exceptional programming for years to come.
- OSSC is unable to offer refunds for Winter registrations. **No exceptions.**
 - Credits, and not refunds, are necessary to fund investment in enhanced safety for members and staff, to enable continued development of fun and unique sport & social programming for our community, and to ensure the financial stability and longevity of

the club. By issuing credits we are able to give you back, in a future season, the play time that you paid for, and lost because of the pandemic that was outside of our control.

- League Team Captains and Individual registrants will receive an email from OSSC when the credits are in your Player Profile.

Thank you everyone for your continued encouragement and support through these evolving times. We are determined, optimistic and getting ready for a safe return to the courts, diamonds and fields with you.

Take care and stay well,
The OSSC Staff Team.

Please note: The OSSC physical office is closed and our staff are continuing to work virtually.

April 26, 2020

Hello OSSC Community,

2020 has certainly been the most unprecedented year thus far with COVID-19. While we are far from being able to return to the way things were, we are reassured that every day we are closer to a time when we can all be together again and enjoying recreational sports safely.

Our thoughts and profound sympathies are with the community of Portapique and with all Nova Scotians regarding the devastating attack – especially those who have lost a family member, loved one or friend. Our East Coast club, The Halifax Sport & Social Club was founded in 2008 and we care deeply about those who live there and the community.

As of Friday, April 24th, 2020 we understandably do not have any new information regarding our Winter or Sprummer 2020 leagues. When we have information to share, we will be in direct communication via email and updates on our website.

WINTER LEAGUE UPDATE:

- Winter 2020 leagues will remain on “pause” through the month of May.
- We hope to get you playing, and to finish the Winter 2020 season.
- OSSC will be providing Winter teams and players a prorated credit for any games missed due to COVID-19 when we know the final status of the league.

SPRUMMER LEAGUE UPDATE:

- Sprummer 2020 registration open online (<https://ossc.ca/register>).
- We know the majority of our Sprummer leagues/programs will not go ahead on the start dates advertised on our website as many of our facilities have noted they will remain closed until June / July.
- We can offer you the confidence that any Sprummer 2020 programs you register for, will receive full value in the form of a league extension, refund and/or credit.
- We are unable to answer specific questions relating to exact start dates, league extensions or registration related changes.

ONLINE VIRTUAL PLAY (NEW):

Please keep an eye out over the next few days as we announce the launch of OSSC’s Virtual Games! We have created new interactive online play options with you in mind as we strive to provide some value and/or fun for you while we are all social distancing.

- E-Sport Leagues
- Quarantine Games (All-Sorts-of-Sports Style)
- Bingo
- Trivia

We will be continuing our daily challenges in our **#JustPlaySeries** using both Facebook and Instagram platforms. You can find our more details here: <https://ossc.ca/justplayseries>.

We are wishing for your health and safety, and we will be in touch again as soon as there is new information to share.

Take care and stay well,
The OSSC Staff Team.

April 10, 2020

Hello OSSC Community,

Today, we wanted to thank you for your patience and understanding as we continue to work through these ever changing and increasingly difficult times. It has been so heart-warming to hear from many of you regarding how much you miss your weekly sports. This unique time has certainly emphasized to us all of the value and importance that sports and friendship offer to our well being.

From our team to yours, please know that we are dedicated to supporting you, our members, and our local community as we work together to help flatten the COVID-19 curve.

WINTER LEAGUE UPDATE:

As of Friday, April 10th, 2020 we are able to provide the following updates regarding our Winter 2020 leagues:

- Winter 2020 leagues will remain on “pause” through the month of April.
- We will reassess the potential for start/completion of our leagues on Friday, April 24th, 2020.
- We hope to get you playing, and to finish the Winter 2020 season.

OSSC will be providing Winter teams and players a prorated credit for any games missed due to COVID-19 when we know the final status of the league. Many of you have been opting to help out the league by donating your credit back to OSSC. To those who have done that already, a very big heartfelt thank you and no words can describe how it warmed our hearts to have the support of our community. If you would like to join many of your teammates in doing the same thing please let us know by emailing info@ossc.ca. We thank you in advance and your actions will help OSSC moving forward and to continue to provide exceptional programming for years to come.

SPRUMMER LEAGUE UPDATE:

For those of you participating in our Sprummer leagues and programs, we are as excited as you are to return to play.

We know the majority of our Sprummer leagues/programs will not go ahead on the start dates advertised as many of our facilities have noted they will remain closed until June / July. So while you can still register for Sprummer, there will be no specified registration deadline until we have more information.

At this time, we are unable to answer specific questions relating to exact start dates, league extensions or registration related changes. We can offer you the confidence that any Sprummer 2020 programs you register for, will receive full value in the form of a league extension, refund and/or credit.

All of our decisions during this pandemic have and will continue to be made using the direction of the Canadian Public Health Agency. We encourage and sincerely hope that everyone in our community is committed to following these guidelines and making every effort to stay home.

To help keep you engaged, we will be continuing our fun, daily challenges in our #JustPlaySeries using both Facebook and Instagram platforms. We're also hosting bi-weekly LIVE online trivia on Tuesday and Fridays. You can find our more details on these and upcoming activities here: <https://ossc.ca/justplayseries>

We would like to thank all OSSC members for your patience during this extraordinary time. We are wishing for your health and safety, and we will be in touch again as soon as there is new information on the COVID-19 response to share.

Take care and stay well,
The OSSC Staff Team.

March 25, 2020

Hello OSSC Community,

Together, we are facing one of the most significant public health emergencies in our lifetime. For our active OSSC community, we know these changes are hard. They not only impact our ability to get out and enjoy the company of friends and family, but also impact our ability to play sports and share in a social connection that enhances our lives. For those of you who - or who's loved ones - have come into contact with the virus, we wish you all the best in your return to wellness.

In the interest of public health and safety, we are pausing all Winter 2020 Sport & Social Club Winter programming until it is safe to operate again. **We will be making the final call whether to resume leagues on FRIDAY, APRIL 10TH.** If it is safe to play, leagues will resume back on Monday, April 13th. If our facilities announce they will be closed past Monday, April 13th we will keep with our date of Friday, April 10th to communicate our next steps. Our priority is to get you playing, and to finish the Winter 2020 season.

Should our Winter 2020 leagues, classes and programs be cut short as a result of measures taken within our communities to contain COVID-19, we will be issuing pro-rated future credits to all affected individuals and/or team captains. Due to the unprecedented and unforeseen global pandemic, OSSC is not in a position to provide refunds.

OSSC Credits can be applied to any of the following unpaid registrations:

- Any OSSC league, class, tournament and/or event (no restrictions on programming); and,
- Either Team or Individual registrations.

Please note that credits are not transferable and must be used by April 30th, 2021.

The way the world and our community is responding to COVID-19 is quickly changing. We are still in uncertain times. We will continue to keep our community updated, as we have more information surrounding the status of Winter 2020 schedule and programming.

This year marks OSSC's 17th anniversary, and we want to ensure we continue to deliver exceptional programming to you, our members. When this passes, we will still be here, we will be healthy, and we will continue to offer amazing sport and social experiences for many years to come.

Please keep in touch with us on Social Media as we share fun, daily challenges in our #JustPlaySeries during this unique period of "Physical Distancing" (socializing can still happen at a distance).

You can also access the upcoming activity and challenge calendar on our website here: <https://ossc.ca/justplayseries>
In the meantime, we want you to know Sprummer 2020 Registration is NOW Open. You can visit our link here (<https://ossc.ca/register>) and register today to save your spot. With the anticipation of getting outdoors, we suspect many of our programs will sell out this Sprummer!

We would like to thank our extraordinary members for your support and patience as we work through our next steps, your concern for our small business and your words of encouragement. The opportunity for sport and social connection will be more important than ever once we return.

Take care and stay well,
The OSSC Staff Team.

March 13, 2020

Hello OSSC Community,

Thank you for your patience and understanding as we continue to navigate through this unprecedented situation.

Out of an abundance of caution and to assist with our province's preventative efforts regarding COVID-19, **effective Monday, March 16th we will be pausing all Ottawa Sport & Social Club programming until further notice.** Our goal is to resume play starting Monday, April 6th and complete the Winter season.

Leagues running for the next three days include:

- Friday, March 13 – Badminton, All-Sorts-of-Sports Leagues & Pub night and Tennis Lessons.
- Saturday, March 14 - Curling Leagues
- Sunday, March 15 - Curling Leagues

The status of our upcoming tournaments are as follows:

- Bunny Hop Euchre Tournament (Thursday, March 26th) – Will be rescheduled & new date announced as soon as possible.
- Spring Classic Court Volleyball Tournament (Saturday, April 4th) – Running unless further notified.
- Spring Back Euchre Tournament (Saturday, April 18th) – Running.

We will continue to monitor the situation and base all future decisions on the recommendations of the Public Health Agency.

For further updates in the Ottawa region please reference the Ottawa Public Health website: <https://www.ottawapublichealth.ca/en/public-health-topics/novel-coronavirus.aspx>
Thank you in advance for your patience, as we are experiencing a high volume of communication at this time.

Information on make-up games will be provided by email on or before Friday, April 3rd.

At OSSC, we are working hard to offer the highest level of customer service and will continue to provide updates via our website.

Take care and stay well,
The OSSC Staff Team.

March 10, 2020

Hello OSSC Community,

By now you are aware of the rising public health concerns around the world regarding COVID-19.

At this time, OSSC leagues will be operating normally with the addition of some extra safety precautions. Should circumstances change, OSSC will issue additional communication.

Please be informed.

This is a respiratory illness that spreads like the flu. There is a lot of misinformation being passed along through media and internet. Please be aware of normal safety procedures you would take during a regular flu season.

This includes:

- Staying home if you know you are sick or feel symptoms coming on.
- Washing your hands regularly (before and after games – and in life).
- Maintain good general health (eat a balanced diet, get enough sleep, exercise in moderation).
- Covering your mouth when coughing or sneezing (use your arm not your hands).
- Practice other good hygiene habits and do not touch your face/eyes/mouth with your hands.

While we LOVE a solid post-game ‘high five’ celebration, we ask ALL members to replace ‘high fives’ with:

- Friendly verbal recognition (teammates and for the opposing team)
- A thumbs up
- Applause / three cheers / hip hip hooray
- Foot stomps / tapping

We have ordered hand sanitizers and disinfectant wipes that we will deliver to various Game Coordinators and select facilities after leagues return from March Break.

Teams are strongly encouraged to bring their own sanitizers and/or disinfectant products to all games. Please be safe and take a few minutes pre and post game to disinfect your sports equipment. If you are playing floor hockey, we are recommending teams provide their own goalie mask, blocker and trapper to reduce the communal use of equipment. However, OSSC goalie equipment will still be available should this not be an option for your team.

If you have any questions or concerns, please contact Lael Morgan, Executive Director at (613) -565- 8326 ext 113.

Yours in Sport,
The OSSC Staff Team