

440 Albert Street

ADDRESS

• 440 Albert Street Ottawa ON K1R 5B5

Located in the former Ottawa Technical High School on the South side of Slater Street and north of Laurier Ave West

PARKING

- The parking lot is between Slater St and Laurier Ave W, next to open grass space.
- Please note that while there is construction in this area, you may access this parking lot via Laurier Ave W. There is a lot of free and paid street parking in surrounding neighbourhood.



GYM ORIENTATION

• Gym is located in the building beside the parking lot, on the second floor. Take first set of stairs to the second floor and turn left. Changerooms/washrooms are just outside the gym.





